



Bellarico's

Tuscan Toasted Subs

Bellarico's® TOASTED SUBS NUTRITIONAL INFO	<i>Calories</i>	<i>Calories From Fat</i>	<i>Total Fat</i>	<i>Sodium</i>	<i>Total Carbohydrate</i>	<i>Dietary Fiber</i>	<i>Sugers</i>	<i>Protein</i>	<i>Net Carbs</i>
6" SUBS ON WHITE BUN 12" sub on white bread including meat, cheese and vegetables.									
6" Italian	533	40%	23.8	1637	61	2	2	23	59
6" Club	391	24%	10.4	1333	61	2	2	20	59
6" Turkey	413	20%	9.2	1046	60	2	2	4	58
6" Ham	443	26%	12.8	1805	62	2	2	28	60
6" Roast Beef	364	23%	9.2	1149	61	2	2	16	59
6" Pepperoni & Salami	627	15%	10.7	783	55	1	2	18	54
6" Turkey/Bacon	605	45%	30.2	1826	60	2	2	16	58